

RECOMMENDED SUPPLEMENTS

PROBIOMOOD

Probiotic

\$20

QUERCETIN

Decreases inflammation in the central nervous system and improves nutrient uptake into cells

\$15

OMEGA 3 FATTY ACIDS

Improves neurologic health

\$20

MAGNESIUM GLYCINATE

Improves neurologic health and mood

\$15

ULTRANUTRIENT 9

General multivitamin

\$23



WAY
CENTER